## Suncoast Tropical Fruit and Vegetable Club Meeting Notice

Next Meeting: Wednesday, February 14, 2018

Where: Main Room Nokomis Community Center

234 Nippino Trail East, Nokomis, FL 34275

Agenda: 6:30 pm Chat and Tasting Table

7:00 pm Introduction and Presentation

8:30 pm Plant Raffle

Speaker: Marc Williams, Ethnobotanist

Executive Director, Plants and Healers

International

Topic: Food as Medicine

Marc Williams is an Ethnobotanist. He has studied the people, plant, mushroom, and microbe interconnection intensively while learning to employ the different kingdoms of biology for food, medicine, and beauty. His training includes a Bachelor's degree in Environmental Studies concentrating in Sustainable Agriculture from Warren Wilson College and a Master's degree in Appalachian Studies concentrating in Sustainable Development from Appalachian State University. He has spent over 15 years working at a multitude of restaurants and various farms. His travels include adventures through 24 countries in North and Central America and Europe plus 50 of the United States. Marc has visited over 100 botanical gardens and research institutions. He has lectured for more than 60 organizations nationally and internationally. He is also on the Board of Directors of the Appalachian Institute for Mountain Studies.

Marc has taught hundreds of classes and thousands of people about the marvelous world of plants, people and their interface.