

## Statistics Report 09175, Mammy-apple, (mamey), raw

Report Date: January 06, 2017 13:33 EST

Nutrient values and weights are for edible portion.

| Nutrient                    | Unit | Value<br>Per100 g | Data<br>Points | Std. Error | Min | Max | df | LB | UB | # Studies | Source                                      | NDB Ref | Last<br>Modified |
|-----------------------------|------|-------------------|----------------|------------|-----|-----|----|----|----|-----------|---|---------|------------------|
| <b>Proximates</b>           |      |                   |                |            |     |     |    |    |    |           |   |         |                  |
| Water                       | g    | 86.20             | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or<br>derived from<br>analytical | --      | 08/1982          |
| Energy                      | kcal | 51                | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 08/1982          |
| Energy                      | kJ   | 213               | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 01/2014          |
| Protein                     | g    | 0.50              | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or<br>derived from<br>analytical | --      | 08/1982          |
| Total lipid (fat)           | g    | 0.50              | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or<br>derived from<br>analytical | --      | 08/1982          |
| Ash                         | g    | 0.30              | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or<br>derived from<br>analytical | --      | 08/1982          |
| Carbohydrate, by difference | g    | 12.50             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 08/1982          |
| Fiber, total dietary        | g    | 3.0               | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 08/1982          |
| <b>Minerals</b>             |      |                   |                |            |     |     |    |    |    |           |   |         |                  |
| Calcium, Ca                 | mg   | 11                | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or<br>derived from<br>analytical | --      | 08/1982          |
| Iron, Fe                    | mg   | 0.70              | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or<br>derived from<br>analytical | --      | 08/1982          |
| Magnesium, Mg               | mg   | 16                | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 04/1985          |

| Nutrient                       | Unit | Value Per100 g | Data Points | Std. Error | Min | Max | df | LB | UB | # Studies | Source                                | NDB Ref | Last Modified |
|--------------------------------|------|----------------|-------------|------------|-----|-----|----|----|----|-----------|---------------------------------------|---------|---------------|
| Phosphorus, P                  | mg   | 11             | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 08/1982       |
| Potassium, K                   | mg   | 47             | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 08/1982       |
| Sodium, Na                     | mg   | 15             | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 08/1982       |
| Zinc, Zn                       | mg   | 0.10           | --          | --         | --  | --  | -- | -- | -- | --        | Calculated or imputed                 | --      | 04/1985       |
| Copper, Cu                     | mg   | 0.086          | --          | --         | --  | --  | -- | -- | -- | --        | Calculated or imputed                 | --      | 04/1985       |
| Selenium, Se                   | µg   | 0.6            | --          | --         | --  | --  | -- | -- | -- | --        | Calculated or imputed                 | --      | 12/1997       |
| <b>Vitamins</b>                |      |                |             |            |     |     |    |    |    |           |                                       |         |               |
| Vitamin C, total ascorbic acid | mg   | 14.0           | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 08/1982       |
| Thiamin                        | mg   | 0.020          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 08/1982       |
| Riboflavin                     | mg   | 0.040          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 08/1982       |
| Niacin                         | mg   | 0.400          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 08/1982       |
| Pantothenic acid               | mg   | 0.103          | --          | --         | --  | --  | -- | -- | -- | --        | Analytical or derived from analytical | --      | 08/1982       |
| Vitamin B-6                    | mg   | 0.100          | --          | --         | --  | --  | -- | -- | -- | --        | Calculated or imputed                 | --      | 04/1985       |
| Folate, total                  | µg   | 14             | --          | --         | --  | --  | -- | -- | -- | --        | Calculated or imputed                 | --      | 04/1985       |
| Folic acid                     | µg   | 0              | --          | --         | --  | --  | -- | -- | -- | --        | Assumed zero                          | --      | 01/2001       |
| Folate, food                   | µg   | 14             | --          | --         | --  | --  | -- | -- | -- | --        | Calculated or imputed                 | --      | 04/1985       |

| Nutrient                           | Unit | Value<br>Per100 g | Data<br>Points | Std. Error | Min | Max | df | LB | UB | # Studies | Source                                      | NDB Ref | Last<br>Modified |
|------------------------------------|------|-------------------|----------------|------------|-----|-----|----|----|----|-----------|---|---------|------------------|
| Folate, DFE                        | µg   | 14                | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 01/2001          |
| Vitamin B-12                       | µg   | 0.00              | --             | --         | --  | --  | -- | -- | -- | --        | Assumed<br>zero                             | --      | 08/1982          |
| Vitamin A, RAE                     | µg   | 12                | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or<br>derived from<br>analytical | --      | 06/2002          |
| Retinol                            | µg   | 0                 | --             | --         | --  | --  | -- | -- | -- | --        | Assumed<br>zero                             | --      | 06/2002          |
| Vitamin A, IU                      | IU   | 230               | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or<br>derived from<br>analytical | --      | 08/1982          |
| <b>Lipids</b>                      |      |                   |                |            |     |     |    |    |    |           |   |         |                  |
| Fatty acids, total saturated       | g    | 0.136             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 02/1995          |
| 4:0                                | g    | 0.000             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 02/1995          |
| 6:0                                | g    | 0.000             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 02/1995          |
| 8:0                                | g    | 0.000             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 02/1995          |
| 10:0                               | g    | 0.000             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 02/1995          |
| 12:0                               | g    | 0.000             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 02/1995          |
| 14:0                               | g    | 0.000             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 02/1995          |
| 16:0                               | g    | 0.042             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 02/1995          |
| 18:0                               | g    | 0.094             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 02/1995          |
| Fatty acids, total monounsaturated | g    | 0.205             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 02/1995          |
| 16:1 undifferentiated              | g    | 0.000             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 02/1995          |
| 18:1 undifferentiated              | g    | 0.205             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 02/1995          |
| 20:1                               | g    | 0.000             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 02/1995          |

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|------------------------------------|------|-------------------|----------------|------------|-----|-----|----|----|----|-----------|---|---------|------------------|
| 22:1 undifferentiated              | g    | 0.000             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 02/1995          |
| Fatty acids, total polyunsaturated | g    | 0.079             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 02/1995          |
| 18:2 undifferentiated              | g    | 0.079             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 02/1995          |
| 18:3 undifferentiated              | g    | 0.000             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 02/1995          |
| 18:4                               | g    | 0.000             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 02/1995          |
| 20:4 undifferentiated              | g    | 0.000             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 02/1995          |
| 20:5 n-3 (EPA)                     | g    | 0.000             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 02/1995          |
| 22:5 n-3 (DPA)                     | g    | 0.000             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 02/1995          |
| 22:6 n-3 (DHA)                     | g    | 0.000             | --             | --         | --  | --  | -- | -- | -- | --        | Calculated<br>or imputed                    | --      | 02/1995          |
| Fatty acids, total trans           | g    | 0.000             | --             | --         | --  | --  | -- | -- | -- | --        | Assumed<br>zero                             | --      | 06/2015          |
| Cholesterol                        | mg   | 0                 | --             | --         | --  | --  | -- | -- | -- | --        | Assumed<br>zero                             | --      | 08/1982          |
| <b>Amino Acids</b>                 |      |                   |                |            |     |     |    |    |    |           |   |         |                  |
| Tryptophan                         | g    | 0.005             | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or<br>derived from<br>analytical | --      | 08/1982          |
| Lysine                             | g    | 0.037             | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or<br>derived from<br>analytical | --      | 08/1982          |
| Methionine                         | g    | 0.006             | --             | --         | --  | --  | -- | -- | -- | --        | Analytical or<br>derived from<br>analytical | --      | 08/1982          |
| <b>Other</b>                       |      |                   |                |            |     |     |    |    |    |           |   |         |                  |
| Alcohol, ethyl                     | g    | 0.0               | --             | --         | --  | --  | -- | -- | -- | --        | Assumed<br>zero                             | --      | 04/1985          |